

VED MANDIR

www.vedmandir.org



1 Ved Mandir Drive
Milltown, NJ 08850
Phone: (732) 821-0404

Founder: Anantshrivibhushit Swami Shri Gangeshwaranandji Maharaj (Udasin)

MUSICAL YOGA & MEDITATION FOR BETTER LIVING

BY YOGI OM PRAKASH JI MAHARAJ

(PRESENTED BY OM YOG SANSTHAN TRUST, INDIA)

Sunday October 1st, 2017



Program

05:30 PM to 06:30 PM: Musical Yoga and Meditation

06:30 PM to 07:15 PM: Lecture on ASTHANGYOG (YOG SUTRA)

07:15 PM to 07:30 PM: Hanuman Chalisa

07:30 PM: Aarti followed by Mahaprasad

Please spread the word and come with family and friends.

Every Sunday, Ved Mandir serves Mahaprasad after Aarti. We encourage devotees to please sponsor Mahaprasad on Sundays

(to celebrate birthdays, anniversaries, etc. or in memory of loved ones).

Please call Ved Mandir at 732-821-0404.